

A Workshop based on the book

# The Imprint Journey

**A Path of Lasting Transformation to the Authentic Self**

with Liliane Desjardins

**Saturday, May 14**

**10:00 a.m. to 5:00 p.m.**

**Unity Church of the Hills**

**9905 Anderson Mill Road**

**Austin, TX 78750**

**\$50 per person (includes lunch)**

**Books available in the Unity Bookstore**

**Register to attend at [www.unityhills.org](http://www.unityhills.org)**

**“Until you make the unconscious conscious, it will direct your life and you will call it fate.”**

**—Carl Jung**



## **Liliane Desjardins**

...a certified clinical addiction specialist and author of *The Imprint Journey* will facilitate this one-day workshop. An imprint is a belief that shapes our thoughts and actions that we often hold unconsciously. Everyone has both negative and positive imprints. This workshop will help you explore your imprints, understand how they govern your life, and reprogram your beliefs to function in new and fulfilling ways. Visit the website, [www.lilianedesjardins.com](http://www.lilianedesjardins.com).

### **The Imprint Journey Workshop...**

- Is a powerful, experiential and interactive workshop on awareness and identifying our blind spots, automatic pilots and “the stories we tell ourselves.”
- Is about reversing the hard-wired, neural connections in our brain and the subconscious motive for our behavior.
- Is about accessing our Authentic Self.
- Creates breakthroughs in our spiritual, emotional and personal lives, as well as all addictive behaviors.
- *Is about rewriting the script of our lives and acquiring the mastery of our thoughts and feelings, thus our Divine Intelligence and Creativity.*

**“Do you ever feel like you are walking through life on autopilot and making the same choices over and over? Our brain can get stuck in repeat mode, which limits our options and potentials. Increasing our awareness and better understanding our brain’s ‘imprints’ can be the first steps to healing and transformation.”**

**—Douglas Ziedonis, M.D., M.P.H.**

**Professor and Chair, Department of Psychiatry  
Director, UMass Center of Excellence in Addictions,  
University of Massachusetts Medical School**

Follow Liliane on

