



HIGHER POWER PRODUCTIONS
AND GILLES AND LILIANE DESJARDINS
PRESENT

ACCESSING THE AUTHENTIC SELF

*When have you
felt connected to your
authentic self?*

Is it now?

HIGHER POWER PROGRAMS AND WORKSHOPS ARE HELD IN BEAUTIFUL RESORTS AND RETREAT CENTERS, WHERE THE NATURAL BEAUTY OF THE ENVIRONMENT IS CONDUCTIVE TO PERSONAL TRANSFORMATION. GET A NEW PERSPECTIVE FROM A PLACE OF FREEDOM.

*COME JOIN US FOR A
FASCINATING AND
TRANSFORMATIVE JOURNEY OF
SELF-DISCOVERY AND MASTERY!*

Within all area of our lives, the one requiring the greatest mastery, artistry and self-love is the area of human relationships. Relationships are a true reflection of our core values, beliefs and behaviors. They require the highest levels of integrity, generosity, compassion and maturity, and they promote the alignment of our values with principles. For some of us the road through our relationships has been a rocky one. Assimilated familial, cultural and emotional imprinting has created repetitive patterns that are self-defeating. The assimilated cultural imprinting has formed habits, morals, unspoken rules and values that often create abuse, control, mistrust and competition or perfectionism which are the true poisons of happiness. Yet they all play a big role in our daily ways of relating with others.

Maybe you're stuck or struggling in a relationship, or are going through a major transition such as death, divorce, or change of career. You might be involved in a painful partnership or working relationship, be struggling with retirement or job transfer. Or, you could have a history of past failed relationships, hardship in parenting, or be the adult child of a dysfunctional family.



This educational and experiential workshop is designed to help heal the hurts and bridge the gaps. It offers alternatives and a new paradigm for human relations as well as practical tools to deal with everyday realities.

It is about recovery and discovery. It is spiritual and transforming.

High above those places of pain, failure and hiding, take time from everyday life to regain the serenity and peace you longed for and deserve.

Rewrite your history, improve you love, sex, and intimacy. Create new skills for successful relationships and for resolution of conflict

These are the workshops to acquire the tools and strategies necessary to connect with and access your **AUTHENTIC SELF!**

